CAFE MENU

WE LOOK AFTER OUR TEAM, BECAUSE THEY LOOK AFTER YOU:



- We're a Real Living Wage Employer, meaning our hourly rates are more than the required national minimum wage, and reflect the true cost of living.
 - 10% of our net profits are shared with every employee who's been with us 12+ months.
 The amount is based on hours worked, not salary, to make it fair.
 - Should you choose to leave a tip, through card, cash or TiPJAR, 100% of it will be allocated to the team in this venue, and is shared out through a system controlled by a team representative.

LIGHT BREAKFAST

Served 8am - 11am

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£3.50 (Double up for £4.50)

Bacon	337
Lorne Sausage	354
Potato Scone (v)	434
Black Pudding	334
Fried Egg (v)	150
Haggis	338

Full Scottish

2 Rashers bacon | Lorne | Black pudding | Haggis Potato scone | Mushroom | Tomato | Beans Choice of egg



£11.50

Small Scottish

1 Rasher bacon | Lorne | Black pudding | Haggis Potato scone | Choice of egg £7.50



Vegetarian Breakfast

Potato scone | Vegetarian haggis | Grilled tomato Baked beans | Quorn sausage | Choice of egg £10.50



508

Bacon | Poached eggs | White or brown toast (gfa) £6.00



363



Please alert your server of any food allergies or intolerances that you have and we will do our best to accommodate your needs. (v) vegetarian dish | (va) vegetarian available | (gf) gluten free dish | (gfa) gluten free available | (ve) vegan dish (vea) vegan available

LIGHT BITES

Classic Omelettes | Served with side salad

Tomato | Spinach | Cheese (v, gf) £7.00

Smoked bacon | Button mushroom (qf) £7.00

Soup of the Day (v, gfa) Warm bread | Salted butter £5.50

Salt & Pepper Chicken Sweet chilli & sov £7.00

LIGHT BITES

BLT Ciabatta £11.00

Bacon, lettuce and tomato and cracked pepper mayo £11.00

Caiun Chicken

Spicy mayo and rocket, toasted flat bread £11.00

Crispy Chicken or Crispy Duck Steamed Bao Bun

Asian slaw, honey and soy dressing

£13.00

Steak Ciabatta

Cheese, caramelised onion and rocket

£16.00

Loaded Herb Ciabatta

Avocado, hummus, olives, tomato, cucumber, red onion £12.00

Flat Bread

Roast Summac Carrots. Cracked Green Wheat. Feta, Pomegranate Molasas, Toasted Seeds £10.00

SANDWICH OR TOASTIE

Served with salad & coleslaw on white or brown bread (gfa)

Tuna Red onion £7.00	220
Smoked ham Lettuce Tomato £7.00	300
Cheese Pickle (v) £7.00	366
Cajun chicken mayo £8.00	458
Mature cheddar Sliced tomato (v) £7.00	366

Add a bowl of homemade soup or fries £2.50

BAKED POTATOES £9

Served with side salad & coleslaw

Tuna Red onion	237
Baked beans Mature cheddar (v)	400
Mature cheddar (v)	700

MAINS

Mac 'N' Cheese (v, gfa) Smoked Applewood | Mozzarella Herb crumb | Garlic ciabatta £10



Harissa Chicken

Cous cous salad | Chickpeas | Tahini sauce **£13.75**



Katsu Curry

Aromatic katsu curry sauce | Chicken or vegetables in crispy panko breadcrumbs | Sticky white rice

Chicken £14.50 Vegetable (v) £12.00

537

BURGERS

All burgers are served on a brioche bun with crisp lettuce, beef tomato, chefs burger sauce, skin on fries

Classic Beef £12.95 445

Cajun Chicken £13.50 706

Beyond Meat Burger (ve)

Beyond meat vegan burger served on a brioche bun with crisp lettuce, beef tomato, vegan cheese, vegan spicy mayo 230

£14.00

Loaded Burger

Haggis | Smoked cheese | Bacon **£16.00**



Add Toppings £2

Jalapenos | Haggis | Black pudding | Bacon Cheese | Onion rings

Frappe Iced Coffee Italian Aroma Espresso Milk Vanilla or Salted Caramel Syrup	£3.70
Americano	£3.30
Latte	£3.50
Add: Salted Caramel Vanilla	£0.50
Flat White	£3.40
Cappuccino	£3.50
Espresso	£2.80
Double Espresso	£3.30
Macchiato	£2.90
Mocha	£3.80
Pot of Plantation Tea	£3.00
Choose from: Scottish Brew Camomile	
Earl Grey Mojito Mint Red Berry Splash	
Lemon & Ginger Decaffeinated	
Kids Bambinoccino	£1.00
Kids Hot Chocolate	£2.20
Hot Chocolate	£3.80
Topped with Marshmallows Cream Maltesers	13.00
Add: Salted Caramel Vanilla	£0.50
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Iced Tea	£3.00
Choose from: Red Berry Splash Mojito Mint	
Earl Grey Scottish Breakfast Decaf	
Classic Signature Milkshakes	£5.00
Choose from: Chocolate Raspberry Strawberry	
Vanilla Salted Caramel	

Please see our counter for a daily selection of homemade cakes, tray bakes & protein bars

Big Fluffy Scones £3.00

Tea or Coffee & Cake £5.50

Served warm with jam & clotted cream

Any of our teas or coffee's from our hot drinks selection with a slice of home made cake or scone

Freshly Baked Cakes & Tray Bakes from £2.60

SMOOTHIES £6.00

Strawberry Split

Strawberry | Banana | Apple Juice

Pash N Shoot

Mango | Pineapple Passionfruit seedless | Apple Juice

Big 5

Strawberry | Mango | Kiwi | Pineapple Apple juice

Detox-Zing

Blueberry | Carrot | Ginger Banana | Courgette | Apple Juice

Broccoli & The Beast

Broccoli | Spinach | Apple Juice

Chocolate Powerhouse

220g Chocolate Purition Protein | Milk or Soya Milk

Berry Max

20g Strawberry Purition Protein | Strawberry | Banana | Milk

HEALTH CLUB

AT BOWFIELD